

## CURRICULUM VITAE

Jill Hipskind, PT, DPT  
St. Ambrose University Department of Physical Therapy

### Education:

DScPT  
Andrews University, Berrien Springs, MI  
Currently Enrolled

Orthopedic Residency  
St. Ambrose University, Davenport, IA  
January, 2010

Doctor of Physical Therapy  
St. Ambrose University, Davenport, IA  
December, 2008

Bachelor of Science  
St. Ambrose University, Davenport, IA  
Exercise Science  
Psychology  
May, 2007

### Licensure Information:

Iowa, 004361  
Illinois, 070016874

### Certifications:

ABPTS Orthopedic Clinical Specialist, 2011  
Certification in Dry Needling, Dry Needling Institute of American Academy of  
Manipulative Therapy, 2018  
Certificate of Manual Therapy, St. Ambrose University, 2013  
Advanced Credentialed Clinical Instructor, American Physical Therapy Association, 2013  
Credentialed Clinical Instructor, American Physical Therapy Association, 2012  
Certified Strength and Conditioning Specialist, National Strength and Conditioning  
Association, 2007-2020  
CPR, American Heart Association 2004-present

**Employment and Positions Held:**

**Academic**

Assistant Professor  
St. Ambrose University  
Davenport, IA  
2022-Present

Teaching Assistant  
St. Ambrose University  
Davenport, IA  
2014-2022

Adjunct Lecturer  
St. Ambrose University  
Davenport, IA  
2016

Instructor  
Black Hawk Community College  
Moline, IL  
2011-2012

**Non-Academic**

Per Diem Physical Therapist  
Genesis Health Systems  
Eldridge, IA  
2022-present

Level III Staff Physical Therapist  
Genesis Health Systems  
Eldridge, IA  
2017- 2022

Per Diem Physical Therapist  
Mercy Medical Center  
Clinton, IA  
2009-2018

Senior Physical Therapist  
Rock Valley Physical Therapy  
Davenport, IA  
2010-2016

Resident Physical Therapist  
Rock Valley Physical Therapy  
Davenport, IA

2009-2010

Rehabilitation Tech  
Mercy Medical Center  
Clinton, IA  
2004-2009

**Peer-Reviewed Scientific and Professional Presentations:**

**Peer Reviewed Scientific Presentations:**

**Professional Presentations:**

Hazer K, **Hipskind J**, Farrell K, Gardner, C.  
Acute Development of Cervicogenic Dizziness Immediately Following Treatment of  
Vestibular Hypofunction: A Case Report  
AAOMPT Annual Conference  
October, 2022

O'Malley M, **Hipskind J**, Farrell K, Gardner C.  
The Effectiveness of Manual Physical Therapy to the Cervical Spine to Improve Upper  
Extremity Pain and Weakness in a Patient with Lateral Epicondylalgia: A Case Report.  
AAOMPT Annual Conference  
October, 2019

**Hipskind J**, Gardner C.  
Differentiation of Upper Cervical Spine Pathologies. Genesis Health Systems, Davenport,  
IA  
August, 2018

**Hipskind J**. Initial Physical Therapy Management for Shoulder Pain  
5<sup>th</sup> Annual ORA Conference for Primary Care  
Bettendorf, IA.  
October, 2015

**Badrick J**, Farrell K.  
Low Back Pain with Subsequent Diagnosis of Inguinal Hernia.  
AAOMPT Annual Conference Poster Presentation  
October, 2011

**Badrick J**, Cottone K, Jones C, Kersten K, Lawrence, B. Current Concepts and Clinical  
Reasoning of Knee Joint Pathologies  
Rock Valley Physical Therapy  
Moline, IL  
February, 2010

Arp L, **Badrick J**, Goettsche R, Pritts A  
Can Constraint Induced Movement Therapy Improve Upper Extremity Function in Children

with Hemiplegic Cerebral Palsy?  
St. Ambrose University Evidence-Based Practice Symposium  
Davenport, IA  
April, 2008

**Membership in Scientific/Professional Organizations:**

American Academy of Orthopedic Manual Physical Therapists, 2022-present, 2009-2016  
National Strength and Conditioning Association, 2007-2016  
American Physical Therapy Association, 2022-present, 2007-2016  
Iowa Physical Therapy Association, 2006-2016  
St. Ambrose Student Physical Therapy Organization, 2006-2008

**Community Service:**

Volunteer  
Donahue Sportsman's Club  
2022-present

Volunteer  
Iowa Legends Football Camp  
Davenport, IA  
2015

Volunteer and Foster  
Pitties in Need Kennels  
Kewanee, IL  
2014-2018

Side walker  
New Kingdom Trailriders Therapeutic Horseback Riding  
Milan, IL  
2009

**Non-Peer Reviewed Scientific Presentations:**

**Badrick J, Frenz C.** Clinical Pearl: Scalene Stretch. *AAOMPT Articulations*. 2009;  
16(3):10.

**Services to the University/College/School on Committees/Councils/Commissions:**

**University**

2022-present  
St. Ambrose University Faculty Assembly Member

**College**

**Department**

2022-present  
Curriculum Committee

2022-present  
Faculty Committee

2022-present  
100% Initiative Task-Force

**Honors and Awards:**

Exercise Science Major of the Year  
St. Ambrose University  
Davenport, IA  
2007

Community Advisor of the Year  
St. Ambrose University  
Davenport, IA  
2006-2007

Resident Advisor of the Year  
St. Ambrose University  
Davenport, IA  
2005-2006

Stanley J. Kabat Leadership Award  
St. Ambrose University  
Davenport, IA  
2005-2006

**Continuing Education Attended (Related to Content Area in the last 5 years):**

COMT-3: Upper Extremity Evaluation and Management, Denver, CO, 2023—21 hours

SMT-1: Integrated Evaluation and Management of the Thorax, Berrien Springs, MI, 2022—  
21 hours

SMT-5: Integrated Advanced Clinical Reasoning, Berrien Springs MI, 2022—21 hours

Level 1 Online Blood Flow Restriction Training, 2022, 5 hours

Radiology in Physical Therapist Musculoskeletal Practice, 2022, 21.3 hours

Evidence-Based Practice Symposium, St. Ambrose University, 2022, 2.4 hours

Preventing Sexual Harassment, 2022, 1.0 hour

Blood Flow Restriction Training, Genesis Health System, 2022, 2.4 hour

Examination and Treatment of the SI Joint, 2021, 10 hours

Part A: Mechanical Diagnosis and Therapy The Lumbar Spine, The McKenzie Institute  
USA, Davenport, IA, 2021, 26 hours

Evidence Based Practice Symposium, St. Ambrose University WebEx, 2021, 2.6 hours

Comprehensive Examination and Treatment of Shoulder Disorders-What are you Missing?, 2021, 15 hours

Invisible Trauma—Recovery from Complex Concussions, 2020, 15 hours

Virtual Align Conference, 2020, 15 hours

Ethics for Physical Therapists, 2020, 3.6 hours

Preventing Sexual Harassment, 2020, 1.0 hour

JBJS Monthly CME, January 2020, 5.0 hour

ORA HSS: Approaches to Total Hip Arthroplasty, 2019, 1.8 hours

Orthotic Case Studies, 2019, 1 hour

Introductory Course on Spinal and Peripheral Manual Therapy Techniques of Brian Mulligan, 2019, 16.2 hours

9<sup>th</sup> Annual Orthopedic Conference for Primary Care, 2019, 6.8 hours

Pediatric Orthopedics in the Quad Cities, 2019, 1.2 hours

Orthopedic Care Conference, 2019, 8 contact hours

Orthotic Options for Improving Patient Outcomes, 2019, 1 contact hour

Vestibular Rehabilitation—Introduction to the Examination and Intervention of Balance and Dizziness Disorders, 2019, 8.0 hours

Physical Therapy Evaluation of the Runner, 2019, 2.4 hours

DN-2: Dry Needling for Lumbopelvic & Lower Extremity Conditions: an Evidence-Based Approach, 2018, 27 hours

DN-1: Dry Needling for Craniofacial, Cervicothoracic and UE Conditions: an Evidence-Based Approach, 2018, 27 hours

Access to Waves Adaptive Water Ski Program, 2018, 7.5 hours

Regenerative Medicine with Platelet Rich Plasma (PRP) for Non-operative Orthobiologic Applications, 2018, 1.8 hours

Clinical Reasoning in Examination and Intervention, 2018, 7.2 hours

Evidence Based Practice Symposium, 2018, 3.0 hours

ORA Healthcare Seminar Series: Injectables in Orthopedics, 2018, 1.8 hours

ORA Healthcare Seminar Series: Bicycle Fitting & the Musculoskeletal Needs of Cyclists, 2018, 1.8 hours

Trigger Points: Fabled Obscurity, 2018, 2.4 hours

Evidence Based Practice Institute: Integrating Evidence Based Practice in a Physical Therapy Educational Program—From the Classroom to the Clinic, 2018, 7.5 hours

Clinical Examination of the Runner: Assessment, Testing, Gait Correlations, and Corrections, 2017, 3.5 hours

Concussion in Sport: Case Studies, 2017, 1 hour

7<sup>th</sup> Annual ORA Conference for Primary Care, 2017, 6.6 hours

Return to Sport of the Overhead Athlete, 2017, 2 hours

TheraBand Kinesiology Tape: Research and Methods, 2017, 1.5 contact hours

TheraBand Kinesiology Tape: Basic Applications of the Lower Quarter, 2017, 1 hour

TheraBand Kinesiology Tape: Basic Applications of the Upper Quarter, 2017, 1.5 hours

Diagnosis of Subscapularis Tendon Injuries, 2017, 1.2 hours

Evidence Based Practice Symposium, 2017, 2.75 hours

Minimally Invasive Spine Surgery & Outpatient Spine Surgery, 2017, 1.8 hours

Pain Management in Spine Care, 2017, 1.5 hours

Treatment Intervention Potpourri, 2017, 2.0 hours

Arthritis of the Hand and Wrist, 2017, 1.5 hours

**Courses Currently Teaching:**

DPT 620 – Musculoskeletal Therapeutics I (Fall 2022)

Course Coordinator

DPT 720 - Musculoskeletal Therapeutics II (Spring 2023)

Course Coordinator

DPT 650—Evidence Based Practice I (Spring 2023)  
Course Co-coordinator

**Courses Previously Taught:**

DPT 620 – Musculoskeletal Therapeutics I (2014-2022)  
Lab Assistant and Practical Exam Tester

DPT 720 - Musculoskeletal Therapeutics II (2014-2022)  
Lab Assistant, Practical Exam Tester, and Guest Lecturer